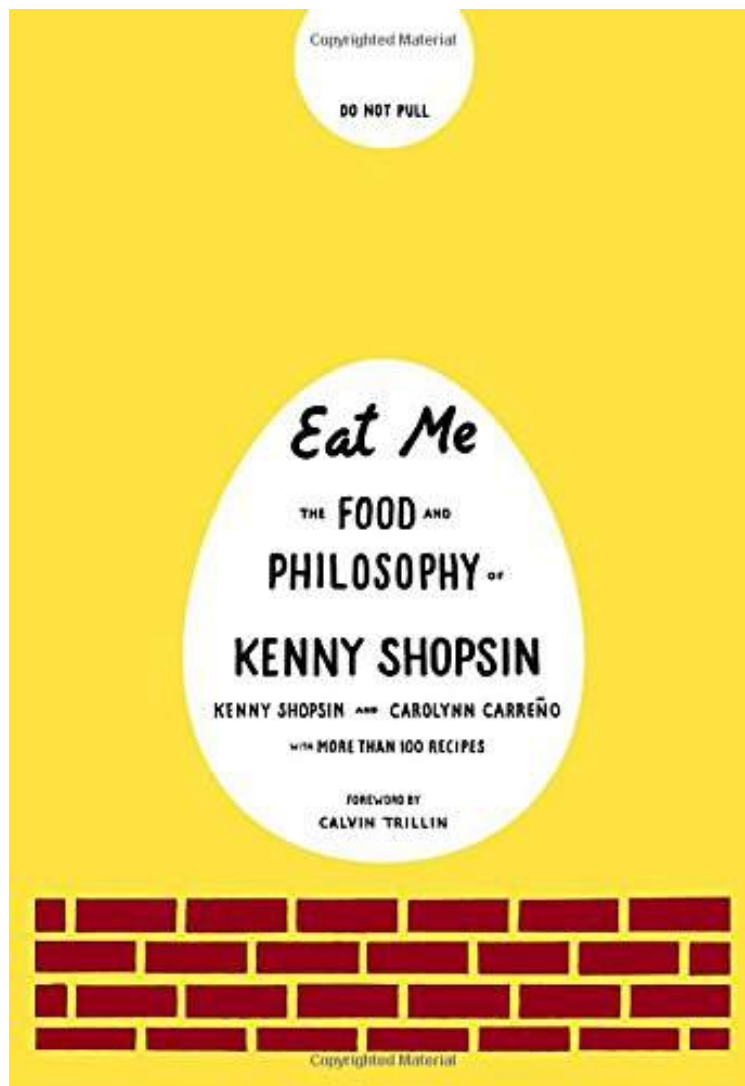


## Eat Me: The Food and Philosophy of Kenny Shopsin

*By Kenny Shopsin, Carolynn Carreno*  
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chapter and family in NYC history This restaurant this family the neighborhood that used to be and most importantly their philosophy of food and recipes Kenny Shopsin narrates his recipes replete with curse words you ll feel like you re in his kitchen Shopsin s was the eatery o Pancakes are a luxury like smoking marijuana or having sex That rsquo s why I came up with the names Ho Cakes and Slutty Cakes These are extra decadent but in a way every pancake is a Ho Cake rdquo Thus speaks Kenny Shopsin legendary and legendarily eccentric ill tempered and lovable chef and owner of the Greenwich Village restaurant and institution Shopsin rsquo s which has been in existence since 1971 Kenny has finally put together his 900 plus com Best of the Month September 2008 The eccentric and engaging food lit manifesto Eat Me The Food and Philosophy of Kenny Shopsin collects the wisdom rants and recipes of New York s most legendarily cranky publicity hating

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